Helping People with Disabilities Succeed

Children with disabilities should have the opportunity to achieve their unique potential and have an extraordinary quality of life.

Abilities First works to empower people with disabilities to achieve their potential.

All people living at their full potential creates productive citizens, and to that end... A better community for all.

Visit our website, stop in for a tour, make a donation, and tell others about us! www.abilitiesfirst.org

Abilities First
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Therapies and ALC:
Bettie Rountree, Coordinator


Empowering people with disabilities to achieve their unique potential from birth through life.

www.abilitiesfirst.org

Children’s Services
Pediatric Therapies
Uniquely designed Occupational, Physical and Speech Therapy Services are delivered on an individual and small group basis. Due to the complex needs of our clients, therapists often co-treat to maximize a child’s abilities. Therapy programs provide a variety of opportunities for children to receive a combination of therapy services including specialized summer programs and Intensive Therapy technologies for strengthening muscles, developing balance and building confidence.

Friends in STEP
Friends in STEP is designed to increase independence with activities of daily living, social communication, fitness, nutrition and problem solving. “Group” works on organization and planning by incorporating community outings and the utilization of every day living skills in everyday situations. Participants ages 16 - 24, practice community service, physical education, and interpersonal interaction skills.

Autism Learning Center
The Autism Learning Center is specifically designed for preschool, kindergarten and first grade students on the Autism Spectrum. Programs are created to meet each individual student at their current level and help move them to achieve their highest potential. The Autism Learning Center is an Autism Scholarship provider.

Early Childhood Learning Center
The Early Childhood Learning Center (ECLC) at Abilities First provides an inclusive environment where children with special needs and children who are developing typically learn alongside one another and develop caring relationships. Children from 6 weeks of age through the 5th grade are welcome. The ECLC is a Four-Star Step Up to Quality Rated Center.