Application Deadline
Friday, May 24, 2019 (see application on last page)
Individual Therapy: (ages birth to 22 years)

Individual Physical Therapy, Occupational Therapy and Speech Therapy are available. Therapeutic activities will be specific to the child’s needs.

When: Individually scheduled

Staff: Physical, Occupational Therapists and Speech Language Pathologists

Application Deadline – Friday, May 24, 2019
(see application on last page)

Summer Programs for Children with Autism (ages 3 to 8 years)
(June 4 – August 8, 2019)

A structured, fun, school experience for children diagnosed with Autism Spectrum Disorder. The class provides continuity of routines for children already attending a school program during the school year and an initial introduction to a structured school environment for those not currently enrolled in a program. The focus will be on maintaining and developing constructive and imaginary play, following a visual schedule, addressing sensory needs, peer interaction, social skills, positive behaviors, communication and motor skills, all while enjoying many fun summertime activities. The teachers will incorporate their knowledge of therapeutic and behavioral learning in the natural environment.

Time: Tuesday, Wednesday, Thursday
9:00 a.m. – 11:30 a.m. (ages 3 – 5 years)
1:00 p.m. – 3:30 p.m. (ages 5 – 8 years)

Staff: 3 to 4 teachers and assistant teachers, Teachers will assess skills and place student in appropriate class.

Cost: $500.00

• Every child will be evaluated for appropriate placement
• Group availability will be dependent upon the number of registrations received
• Most therapy programs are covered by insurance. Please call your insurance company for more information
• For program information contact Bettie Rountree, 513-423-9496 Ext. 251 or bettie.rountree@abilitiesfirst.org

Cost: $500.00

Application Deadline – Friday, May 24, 2019
(see application on last page)
Summer Intensive-based Therapy Intervention

This intensive intervention involves more visits in a shorter period of time, which is an opportunity to fast track your child's progress and development toward specific family generated goals. Children typically come to 30-60 minute-sessions, 3 times per week for 9 weeks. The appropriate therapist(s) will assess each child; the structure and number of visits is dependent on your child's specific needs and will be determined and scheduled with you. Intensive therapy sessions are appropriate for children with a wide range of abilities and challenges including but not limited to children with diagnoses of Cerebral Palsy, Developmental Delay, Hypotonia, Downs Syndrome and other chromosomal/genetic conditions, Traumatic Brain Injury, Post-Orthopedic Surgery, Dyspraxia, Mobility, Coordination and Motor Planning issues, Sensory-Motor Challenges, ADD, ADHD, ASD, Visual Perceptual and Visual Motor Challenges.

Occupational Therapy Intensives:
The occupational therapist can address the following skills: activities of daily living (dressing, self-care & independence in daily living), play and leisure, handwriting, motor skills (fine and gross), visual-motor/perceptual skills sensory processing, memory, sequencing and following directions and strength.

Physical Therapy Intensives:
The physical therapist can address the following skills: strength, balance, coordination, motor planning/motor praxis, agility, exercise tolerance, and pursuit of age appropriate gross motor skills.

Speech and Apraxia Summer Intensive Program

An intensive speech therapy intervention focusing on improving speech skills in children with specific speech sound disorders including Childhood Apraxia of Speech (CAS). This is a great program for summer carry-over of school based speech therapy services.

This is offered 3 sessions per week in either individual (30-minute sessions) or small group (45-minute sessions/up to 3 participants) options.
• Every child will be evaluated for appropriate placement
• Group availability will be dependent upon the number of registrations received
• Most therapy programs are covered by insurance. Please call your insurance company for more information
• For program information contact Bettie Rountree, 513-423-9496 Ext. 251 or bettie.rountree@abilitiesfirst.org

Application Deadline – Friday, May 24, 2019
(see application on last page)

Intensive Communication Therapy for Children with Autism

An intensive speech therapy intervention focusing on improving communication in children who are non-verbal to minimally verbal with social communication challenges. This is a great way to gain a new skill and then to practice it with family.

This is offered in 30-minute individual sessions-3 sessions per week for 9 weeks.

Camp Move-A-Lot: (ages 4 – 6 years)

Camp Move-A Lot is designed and run by physical therapists. During each 1-hour session, we will have fun doing a variety of age-appropriate motor activities including movement to music, group games, obstacle courses and ball skills. The design of these activities is to address balance, strength, coordination as well as appropriate social interaction, turn taking and following directions. The activities will target the individual needs of participants and the group is appropriate for children with a variety of diagnoses including but not limited to Cerebral Palsy, Down’s Syndrome, Developmental Delay, motor dyspraxia, and sensory motor challenges. This group is also appropriate for children who do not have any diagnosis and are lagging behind their peers in motor abilities. To benefit from this group, children need to be able to walk and follow at least a 1-step instruction. For children with a diagnosis, this group may be covered by insurance. There will be a maximum of 8 children in this group.

When: Tuesday - 11:00 a.m. – 12:00 noon
Staff: Physical Therapist
Duration: 9 weeks
**Reading Is Fun**  
(ages 5 years and up)
A reading enrichment program suitable for children having completed Kindergarten and older which uses principles from the Orton Gillingham approach. This method incorporates phonemic awareness (reading readiness), phonics, vocabulary development, fluency and comprehension strategies.  
When: Individually Scheduled  
Staff: Speech Language Pathologist  
Cost: $500.00

**Handwriting Without Tears®**  
(ages preschool and up)
A program for children who struggle with handwriting. Techniques from the Handwriting Without Tears® program will be provided by a Handwriting Specialist, Level 1 Certified Expert to help children improve their writing legibility.  
When: Individually Scheduled  
Staff: Certified Handwriting Without Tears Instructor  
Cost: $500.00

**GROUPS FOR PRESCHOOLERS**

**Language, Learn & Play Group (Ages 2 to 4 Years)**
This group provides play-based experiences for children who present with language delays. The group will include therapeutic experiences which foster socialization, communication skills, and openness to sensory exploration.  
Time: Thursday 9:00 a.m. – 9:45 a.m.  
Staff: Speech Language Pathologist

**School Readiness Group: (ages 4 – 7 years)**
This therapeutic group is for children who demonstrate difficulty with speech-language skills and other skills needed for academic success in kindergarten and first grade. The group also creates learning opportunities for children to develop classroom social skills and peer relationships.  
Time: Tuesday - 11:00 a.m. - 12:00 p.m.  
Staff: Speech Language Pathologist
GROUPS FOR SCHOOL AGE YOUTH

Kids Connect I: (ages 8 – 10 years)
This social group is best suited for children who are verbal and have challenges with their social communication skills. We will be using the Social Thinking curriculum. The group will provide children the opportunity to learn how to interact with peers. Fun activities will be designed to target flexible thinking, expected and unexpected behaviors, following the group plan, and the size of the problem.
Time: Monday – 9:45 a.m. – 10:45 a.m. or 11:00 a.m. – 12:00 noon
Staff: Speech Language Pathologists

Mini Kids Connect (ages 5 - 7 years)
This social group is best suited for children who are verbal and have challenges with their social and play skills. We will be using the Social Thinking “We Thinkers” curriculum. The group will provide children the opportunity to learn how to interact with peers. Fun activities will be designed to target understanding thoughts and feelings, being part of a group and sharing plans.
Time: Monday – 4:00 p.m. – 5:00 p.m.
Staff: Speech Language Pathologist

GROUPS FOR TWEENS, TEENS & YOUNG ADULTS

Friends in STEP: (ages 16-25 years)
(Social Thinking, Executive function, Physical fitness)
Friends in STEP is designed to increase independence with activities of daily living, social communication, fitness, nutrition and problem solving. The group will work on organization and planning by incorporating community outings and utilization of these skills in everyday situations. An evaluation is needed for appropriate placement. Call for available slots
Time: Tuesday – 4:00 p.m. – 6:00 p.m.
Staff: Physical/Occupational Therapist and Speech Language Pathologist
Child’s Name: ___________________________________________ Male _____ Female _____ Date of Birth: __________________________

Address: ____________________________________________________________________________________________________

City: __________________________________ State: _______ Zip: _______ County: __________________________

Parent/Guardian: ____________________________________________________________________________________________

Home Phone: __________________________________________ Work Phone: ____________________________________________

Cell Phone: __________________________ E-mail: _______________________________________________________________

How did you find out about Abilities First? _________________________________________________________________

I am interested in the following for my child:

☐ Individual Physical Therapy  ☐ Individual Occupational Therapy  ☐ Individual Speech Therapy
☐ Summer School for Children with Autism  ☐ Reading is Fun  ☐ Handwriting Without Tears
☐ Language, Learn & Play Group  ☐ School Readiness Group  ☐ Camp Move A Lot
☐ Kids Connect I (ages 8-10)  ☐ Mini Kids Connect (ages 5-7)  ☐ Friends in STEP (ages 16-25)
☐ Intensive Physical Therapy  ☐ Intensive Occupational Therapy  ☐ Intensive Speech Therapy

Therapist(s) will screen or evaluate your child to determine group placement and if participation in the Summer Therapy program will be beneficial.

Current IFSP, IEP and/or evaluation? ☐ Yes ☐ No
If yes, indicate which therapy: ☐ Physical ☐ Occupational ☐ Speech-Language
If yes, we will need a copy for our records.

Indicate your funding sources: ☐ Insurance ☐ Medicaid ☐ CareSource ☐ United Healthcare Community Plan
☐ BCMH ☐ Self Pay ☐ School District ☐ Other

Please note that some insurance companies may cover the cost of individual and/or group therapy for children with a medical diagnosis and statement of medical necessity from your physician. We will assist in processing claims.

Physician’s Name: _________________________

Does your child have a physician’s prescription for any of the following therapies? Please indicate: ☐ Physical ☐ Occupational ☐ Speech Language

Main concerns for your child: ______________________________________________________________

Please state all related medical diagnoses:

__________________________________________________________

Please respond quickly, as enrollment is limited!

Application form should be mailed to: Abilities First
Bettie Rountree
4710 Timber Trail Drive
Middletown OH 45044

If you have any questions, please call: Bettie Rountree, Therapy Services Coordinator
513-423-9496 Ext. 251 or 800-378-8612 Ext. 251 FAX: 513-727-3806

This application form must be at Abilities First no later than Friday, May 24, 2019
• Every child will be evaluated for appropriate placement
• Group availability will be dependent upon the number of registrations received
• Most therapy programs are covered by insurance. Please call your insurance company for more information
• For program information contact Bettie Rountree, 513-423-9496 Ext. 251 or bettie.rountree@abilitiesfirst.org

Application Deadline – Friday, May 24, 2019