

Our Program

At Abilities First, we offer occupational therapy (OT), physical therapy (PT), and speech therapy (ST) to help children, teens, and young adults with neurological disorders, developmental disability, and physical challenges build skills to reach their full potential. Our team works hard to create a fun, positive, and motivating environment for children of all ages to keep them engaged in the therapy process.

Connect With Us

 Info@abilitiesfirst.org

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 4710 Timber Trail Dr.
Middletown OH 45044

 www.abilitiesfirst.org



Pediatric Therapies



ABILITIESFIRST
Potential Made Possible for 65 Years

**65 years of service
and support**

**Serving children, teens
and young adults**

Contact us to schedule an evaluation and get more information on our services.

Most forms of insurance accepted including Medicaid.



About Us

Our team of experienced and passionate occupational, physical, and speech therapy experts give your child personalized care based on family-centered goals. We know that every child has different needs and unique strengths, which is why we take creative and fun approaches to helping each child. This helps us ensure your child has the best possible outcomes.

Due to the highly collaborative nature of our team, we offer co-treatment, interdisciplinary groups, and a team approach to our shared clients so that we can provide holistic care to each of our clients.

Expertise and Specialty Areas:

- **Certified Handwriting Without Tears®**
Instructor
- **Social Thinking Curriculum**
- **Neurodevelopment Therapy (NDT)**
Trained
- **PROMPT trained SLP's**
- **Trauma-informed and Trauma-responsive Care Trained**
- **Collaborative service with the Early Childhood Learning Center and Autism Learning Center**



Our Services

Occupational Therapy

Occupational Therapy helps children manage sensory, motor, cognitive, social, and perceptual challenges that may affect daily learning and living.

Physical Therapy

Some children are inhibited in their discovery by a delay or disability in the areas of motor development, strength, balance, and/or coordination. Physical Therapy can provide guided play which addresses specific needs for each individual child.

Speech Language Therapy

Abilities First's speech-language pathologists introduce a variety of fun, experience-based activities to promote curiosity, conversation, speech development, feeding skills, and language enrichment.

Group Therapy

Getting into Therapy Groups with peers is a great way to develop skills, learn and grow in a fun and engaging environment.



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