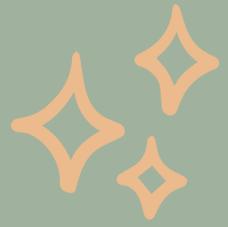


# Autism Learning Center



April newsletter



## ALC UPDATES

This month, Program Directors will participate in a 3-day Safety-Care Trainer Training at Lebanon City Schools.

Safety-Care is a training curriculum for staff that is designed to provide a set of strategies for safely and humanely providing support to individuals who may sometimes exhibit disruptive or dangerous behavior.

Techniques for incident prevention include teaching staff how to structure a supportive and safe environment, using appropriate and everyday safety habits, and how to effectively provide reinforcement. To help minimize incidents, staff are trained how to use de-escalation procedures.

After successfully completing this training, Program Directors will be certified trainers, and train Abilities First staff in Safety-Care during the summer months.

April begins our monthly newsletters! These newsletters will include updates, reminders of upcoming events, fun activities to do at home, and other important information. You can sign up for our mailing list by heading to our website and clicking the "Join the ALC Mailing List" button on our page.

## UPCOMING EVENTS

**April 3 - April 7**  
Spring Break

**April 7**  
Abilities First  
CLOSED

**April 14**  
Cool Critters  
Outreach

For questions and/or comments, please contact:  
Sarah Watts, Director of Autism Learning Center  
Sarah.Watts@abilitiesfirst.org  
513-423-9496 ext.413





## Welcome JoAnn!

JoAnn joined our Intervention Team at the beginning of March. She has her Bachelor's degree in Early Childhood Education and Master's degree in Special Education, with experience working with children in daycare, elementary school settings, and transition programs throughout the past few years as a teacher and RBT. She enjoys long-distance running, watercolor painting, and making tea. Her family is of Taiwanese origin, so she is also fluent in Mandarin Chinese.



## Rainbow Bubble Foam

### INGREDIENTS

- 1 cup water per color
- 2-3 tbsp Tear-Free Soap.
- 4 drops Food Coloring

### INSTRUCTIONS

- Use a hand mixer or standing mixer. Mix 1 cup of water with your desired food color shade.
- Add in tear-free soap & start mixing the ingredients together.
- The longer that you mix the bubble foam recipe, the more foam bubbles will form.
- The end result should have all the liquid out of the bowl and the bubble foam should look very similar to the image. Light, fluffy, and vibrant.
- Repeat the process with all of the colors that you've chosen and then have your kiddo make a bubble foam rainbow just like the one shown.



Cool Critters Outreach, llc (CCO) is a fun, interactive, and educational way of looking at reptiles, amphibians, invertebrates, mammals and other amazing animals. It is an opportunity to get an up-close, personal look at the fascinating world of snakes, lizards, dragons, spiders and more.