

2024



# SUMMER AT ABILITIES FIRST



May 20 - August 9

**AUTISM LEARNING  
CENTER SUMMER FUN!  
PREK - 2ND GRADE**

**PEDIATRIC THERAPIES  
PT, OT, SLP  
GROUPS & INDIVIDUAL  
INTERVENTION**

**INCLUSIVE 5-STAR  
CHILDCARE**



# Autism Learning Center

Summer Fun for Children with Autism & Differing Abilities (PreK through 2nd Grade)

May 28 - August 1, 2024

A fun and structured experience for children diagnosed with Autism Spectrum Disorder and differing abilities. The class provides continuity of routines for children already attending a school program during the school year and an initial introduction to a structured school environment for those not currently enrolled in a program. The focus will be on maintaining and developing constructive and imaginary play, following a visual schedule, and addressing sensory needs, peer interaction, social skills, positive behaviors, communication and motor skills, all while enjoying many fun summertime activities. The teachers will incorporate their knowledge of therapeutic and behavioral learning in the natural environment.

Days: Preschool, Kindergarten, 1st, 2nd Grade  
Tuesday, Wednesday, Thursday  
9:00 a.m. - 2:00 p.m.

Staff: 2 to 3 Teachers and Assistant Teachers per classroom.  
Teachers will assess skills and place student in appropriate class.

Cost: \$1,200.00

\*Vouchers available from your County Board of DD for those who qualify.

Scholarships available for those who do not qualify, for a max out of pocket of \$550 per student.\*

\*\*Voucher or payment required to be placed on roster\*\*



# Pediatric Therapies

## Individual Therapy: (ages birth to 22 years)

Individual Physical Therapy, Occupational Therapy and Speech Therapy are available. Therapeutic activities will be specific to the child's needs and family goals.

When: Individually scheduled

Staff: Physical, Occupational Therapist and Speech Language Pathologists

## Group Therapy

\*\*Group placement to be determined at time of evaluation

### Language, Learn & Play Group

#### (ages 2 to 4 years)

This group provides play-based experiences for children who present with language delays. The group will include therapeutic experiences which foster socialization, communication skills, and openness to sensory exploration.

Time: Day & Time TBD

Staff: Speech Language Pathologist and potentially Occupational Therapy

### School Readiness Group

#### (ages 4 to 7 years)

This therapeutic group is for children who demonstrate difficulty with Speech-Language skills and other skills needed for academic success in Kindergarten and first grade. The group also creates learning opportunities for children to develop classroom social skills and peer relationships.

Time: Day & Time TBD

Staff: Speech Language Pathologist and potentially Occupational Therapy

# Pediatric Therapies

## Kids Connect (ages 6 to 12 years)

These social groups are best suited for children who are verbal and have challenges with their social communication skills. We will be using the Social Thinking curriculum. The group will provide children the opportunity to learn how to interact with peers. Fun activities will be designed to target flexible thinking, expected and unexpected behaviors, following the group plan, and the size of the problem.

## Teens Connect (ages 13 and up)

This social group is for teens who are verbal. We utilize the Social Thinking curriculum in planning fun activities which target team work, executive function, increased effective communication interaction.

Group placement to be determined at time of evaluation  
Staff: Speech Language Pathologists

## OT Club

This group focuses on individual occupational therapy goals in a social group with peers who are similar in age! Each participant will have 1:1 time with an OT to work toward his/her goals as well as fun structured engaging activities as a group.

Group placement to be determined at time of evaluation  
Staff: Occupational Therapists

# Pediatric Therapies

## GROUPS FOR TEENS & YOUNG ADULTS

Friends in STEP (ages 13 and up)

(Social Thinking, Executive function, Physical fitness)

Friends in STEP is designed to increase independence with activities of daily living, social communication, fitness, nutrition and problem solving. The group will work on organization and planning by incorporating community outings and utilization of these skills in everyday situations. An evaluation is needed for appropriate placement.

Time: Wednesday- 4:00pm- 5:30 p.m.

Staff: Occupational Therapist and Speech Language Pathologist

# NEW 2024

## MINDFULNESS YOGA

Adaptive Yoga for Kids of all abilities

Does your child need to work on...

- physical or emotional balance?
- regulation?
- moving their bodies more?
- body awareness?
- coordination?

Here at Abilities First we can provide private 1:1 yoga lessons or group yoga lessons to overcome these difficulties. Combining a holistic background of yoga training with a medical background of occupational therapy will help the practitioner meet your child where they are and achieve what they and you want from this experience! All activities can be adapted to your child's needs and abilities.

Price: \$450 for Intro session (30 min) + 10 sessions (45 min each)

Staff: Chloe Ruggiero OT, certified yoga instructor

\*\*This program is not covered by insurance. Vouchers available from your County Board of DD for those who qualify. \*\*



**NEW 2024**



## Camp CONNECT

Camp CONNECT is a 5-day camp for pre-teen/teenagers with developmental disabilities to have a fun, enriching week that builds skills for activities of daily living, community involvement, and meaningful social interactions with peers.

For this pilot first year of Camp Connect, spaces are limited. \*\*Enrollment into the Camp will be determined by an evaluating therapist

Dates: TBD

Monday through Friday 9:00am - 3:00 pm

Price: \$750 (valued at \$1,500)

Staff: Team of our pediatric therapists and trained volunteers

\*The program is not covered by insurance. Vouchers available from your County Board of DD for those who qualify.



# Early Childhood Learning Center (6 WEEKS TO 10 YEARS OLD)

Year round Abilities First, Early Childhood Learning Center (ECLC) enrolls children who are developing typically and those who have differing abilities. Children learn alongside one another and develop caring relationships with teachers, staff and peers. Serving children from 6 weeks old through 10 years, the ECLC is an inclusive Five-Star Step Up to Quality Rating, has onsite therapy and special education supports and participates in Success by Six.

Summer Activities Include but not limited to: Cool Critters Reptiles, Water Days, and much more!!

\*\*PLEASE CALL FOR AVAILABILITY\*\*





- Every child will be evaluated for appropriate placement. Group placement will be determined based on child's assessment
- Group availability will be dependent upon the number of registrations received
- Most therapy programs are covered by insurance. Please call your insurance company for more information

For more program information or any questions please contact:  
Intake@AbilitiesFirst.org  
513-423-9496 x 226

